

THE DISCIPLINE IS EMERGING, THE OPPORTUNITIES ARE EXPLODING!

# Obesity Medicine

Is subspecialty fellowship training in Obesity Medicine for you?

## DIVERSE CAREER PATHS OF FELLOWSHIP-TRAINED OBESITY MEDICINE SUBSPECIALISTS



**Fatima Cody Stanford, MD, MPH, MPA** (Harvard, '15): Combining science, clinical care, and policy work to drive down disparities in obesity care.



**W. Scott Butsch, MD** (Harvard, '08): Paving the way for the next generation of subspecialty trainees by launching a new obesity medicine fellowship program at a prestigious medical center.



**Nadia Pietrzykowska, MD** (Geisinger, '13): Flourishing as an entrepreneur as President & Medical Director of a private practice obesity medicine clinic focused on personalized, comprehensive and long-term approaches to obesity treatment.



**Katherine Duncan, MD** (Texas, '16): Making a significant impact on patient care in a multi-specialty medical group setting as an obesity medicine specialist.



**Pornpoj Pramyothin, MD** (Boston, '12): Impacting global obesity treatment as an educator, researcher, and obesity medicine specialist in Thailand.

*"At the turn of the 20th century, Sir William Osler, father of modern medicine, wrote, 'He who knows syphilis knows medicine.' Today, it is more apt to consider that he or she who knows obesity knows medicine."—L.M. Kaplan, Harvard Program Director*

## FELLOWSHIP TRAINING PROVIDES:

- An understanding of the complexity and biology of obesity, which allows more individualized and effective care for patients with this disease
- Treatment of complex obesity using **multi-disciplinary care** for optimal outcomes
- A full-time, **clinically-based**, rich subspecialty training experience
- **Mentorship** that makes you optimally prepared to evaluate and incorporate new developments in the field
- A breadth of **experiences** in all treatment modalities (Nutrition, Exercise, Behavior, Pharmacotherapy, Devices, Surgery) making you comfortable in becoming an **expert** in obesity medicine
- Preparation to become a **clinical and academic leader** in obesity

*"Fellowship training gives you a higher level of expertise in obesity medicine. I would recommend it highly for those who are looking to distinguish themselves as experts in the field."*  
—F.C. Stanford, Harvard, 2015

*"Fellowship training provides a fast track to high-level career opportunities and leadership roles."*  
—D.H. Bessesen, Colorado Program Director



**Caroline Andrew, MD** (Weill Cornell, '18): Working to drive down costs and improve outcomes in the orthopedic world as director of the weight management program at an orthopedic surgery center.



**Holly Lofton, MD**: (Geisinger, '08) Maximizing weight loss in post-bariatric surgery patients and streamlining weight loss in patients with complex medical needs utilizing pharmacotherapy and metabolic optimization.



**Anthony Millard, MD** (Boston, '19): Working in a state-of-the-art academic setting to expand obesity research and care to a diverse patient population and broaden obesity knowledge among medical trainees.



**Nadia Ahmad, MD, MPH** (Harvard, '11): Guiding the development of more effective anti-obesity medications as a senior advisor in the pharmaceutical industry.



**Hilal Sekizkardes, MD** (Tennessee, '20): Specializing in pediatric obesity treatment and research focused on genetic factors in childhood obesity.

## 3 PATHS TO AN OBESITY MEDICINE FELLOWSHIP



*"The quality of life practicing obesity medicine vs. other subspecialties and primary care is a huge selling point for obesity medicine. This is the dream field... in this crazy world of medicine."*  
—C. Still, Geisinger, 1996



## CURRENT U.S. AND CANADIAN OBESITY MEDICINE SUBSPECIALTY FELLOWSHIP PROGRAMS

- Boston University
- Cleveland Clinic
- Geisinger Health
- Harvard University
- Johns Hopkins University
- MetroHealth System
- Nationwide Children's
- New York University
- Northwell Health
- University of Colorado
- University of Minnesota
- University of Pittsburgh
- University of Tennessee
- University of Texas
- University of Toronto
- University of Utah
- Vanderbilt University
- Wake Forest University
- Weill Cornell Medicine
- West Virginia University



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